HKDRC X SEAM 41st Mount Butler (Heritage) 15K Race 2017

STILL THE RACE LLOVE

Date: 09 April 2017 (Sunday)

Start Time: 8:00 am Assembly Venue:

Tai Tam Reservoir Road/Wong Nai Chung Gap Road, nearby Hong Kong Girl Guide Sandiland Training Centre

Quota: 1.200

Route: Tai Tam Reservoir Rd Car Park>Tai Tam Reservoir Rd>Hong Kong Parkview>Tai Tam
Reservoir>Mt Parker Rd>(Quarry Gap (Tai Fung Au))>Sir Cecil's Ride>Mt Butler Rd>Sir Cecil's Ride>Tai Tam Reservoir Rd Car Park

Categories:	Year of Birth in 2
Men Junior	1998-2002
 Men Open 	<2002
Men Senior 1	1973-1982
 Men Senior 2 	1963-1972
 Men Veteran 1 	1953-1962
 Men Veteran 2 	<1952
 Men Team of four 	<2002
Women Open	<2002
 Women Senior 	1978-1987

 Mixed Team of four < 2002

Fligibility for Team Entrants

Women Veteran

Women Team of four

a. Anyone born on or after 2002 b. Each team must be formed by 4 male or 4 female

or mixed (at least 2 of opposite gender)

~1077

<2002

- c. No limit to the number of teams and NO SUBSTITUTION is allowed once entry is accepted
- d. Stamp should be chopped on the entry form if applied as Commercial Companies/ Schools Sports Organizations.

Team Scoring:

a. All teammates must complete the race

- b. Total score of the teammates' overall positions will determine the result winning teams will be decided on the basis of the lowest aggregate position
- c. In case of same total score, the last member of the team with the lower overall position will determine the winner

Entry Procedure:

Online Application: www.hkdrc-race.com or Mail Registration

Check List for Mail Registration

- Completed and signed Entry Form(s)
 (1 for Individual or 4 for team)
- ☐ Local crossed cheque made payable to "The Hong Kong Distance Runners Club" with correct amount and date (write name and contact number at the back of the cheque
- ☐ Envelop with stamp and provided address label

Normal Processing time

• 5-7 working days after receiving entries and will receive an auto-confirmation e-mail

Runners are advised to check your registration status direct at www.hkdrc-race.com/review 7days after mailing.

One-way Official Shuttles to the Start The Official Shuttles leave from 4 locations as below and are FREE for competitors. HKD30/pax will be charged for NON-PARTICIPANTS (i.e. accompanies)

- City Hall, Central (nearby coach parking area)
- 2. Tin Hau, MTR Station Exit A2 (nearby Electric Road)

1. Somrest Road, Kowloon Tong MTR Station

2. YMCA, Tsimshatsui (nearby Hankow Road)





Public Transport to the Start: Catch Bus Routes 6 or 61 from Central to Repulse Bay or any bus that plies Wong Nai Chung Gap Rd. Get off at the Sinopec Fuel Station on Wong Nai Chung Gap Rd. Take a flight of stairs up and turn left to reach the Start

Runners pack collection:

For application confirmed on or before 19 March 2017 runners pack should be collected between 25 March -07 April 2017 RacingThePlanet (Address: 22/F, 144 Wing lok St., Sheung Wan), Otherwise HK\$50 will be charged who need to collect on the race day at the race venue.

Prize Presentation Ceremony will be held immediately after the race on the race day, would all the winners please stay behind for the announcement. Taking on behalf of other winners is not allowed, if winners cannot attend on the race day, organizer will arrange a location and period for collecting and HKD150 will be charged as administrative cost. Overall Results will be uploaded on www.hkdrc.org one week after the race day.

Official Finisher Certificate:

HK\$20 (optional)

Certificate with race results will be ready to all qualified runners, only 1 certificate for Team, please make copy if necessary. Runners should collect certificate at RacingThePlanet between 6 - 14 May 2017. A reminder e-mail will be sent after the race.

Record Holders:

52-11 (2009) Thomas Kirprotich Women Yuko Gordon 60.09 (1982)

Important Notes:

- 1. Entrants can only enter one category, either Individual / Team
- 2. Downloaded and photocopied entry forms are acceptable
- 3. Incomplete / unclear forms / Form without signature will not be accepted, original will NOT he returned
- 4. Participants only need to apply by mail or online, duplicate applicants will not be entertained, all fees are non-refundable.
- 5. Payment is accepted only in Hong Kong Dollars by local crossed cheque. No post-dated cheque. Mailing cash is illegal.
- 6. Sufficient stamp fee should be ensured to avoid delay delivery, HKDRC will not be responsible for items lost /delay in mail.
- 7. All entries are non-refundable, non-transferable and non-amendable in any circumstances.
- 8. Individual category with less than 10 entrants / Team category with only 2-3 teams, prizes will only be awarded to top 3 (individual) / the Champion (Team)
- 9. Individual categories with less than 5 entrants / Team category with less than 2 teams, that category will be cancelled and may request to change for other category.
- 10.HKDRC is not responsible for the insurnace for participants, runners are advised to buy insurance for him/herself.
- 11.HKDRC reserves the right to reject any entry and to base on, but not limited to, the following: misconduct - providing false information, non-payment of race fees, competing with an unofficial number or an official number assigned to another person, crossing the finish line without completing the entire race course, etc.
- 12.HKDRC reserves the right to interpret and amend the above information without prior notice.
- Runners' Guide c/w safety instruction can be downloaded from confirmation page.

E-mail : enquiry@hkdrc.org Website : www.hkdrc.org

Online Registration: www.hkdrc-race.com

2017年香港長跑會 X SEAM 第41屆畢拿山(古蹟)15公里跑

日期:2016年4月9日(星期日)

起跑時間:上午8時正

集合地點

黃泥涌峽/大潭水塘道,側鄰中石化油站

名額: 1.200人

路線:大潭水塘道停車場>大潭水塘道> 陽明山莊>大潭水塘>柏架山道(大風坳)> 金督馳馬徑>畢拉山道 >金督馳馬徑> 大漕水塘道停亩堤

組別: 男男子子子子男男子子子子男男子子子子子子子子子子子子子子子子子子子子子子子	出生年份(於2017年) 1998-2002 <2002 1973-1982 1963-1972 1953-1962 <1952 <2002
女子 公開組	<2002
女子 高級組	1978-1987
女子 元老組	<1977
女子 4人隊際組	<2002

隊際組參賽資格

男女子混合 4人隊際組

- a. 任何於2002後出生者均可參加
- b. 每隊必須為4男、4女或混合 (至少2名為異性性別)
- 。 每單位均無限報名隊數 報名被確認後,不可作出任何更改 不論任何理由亦不可替換其他參賽者

<2002

d 如以商業機構/學校/體育會等名義參賽 均需於報名表上蓋上有效印章

- a. 所有隊員必需完成整個賽事 b. 以所有隊員之全場總名次總和計算成績,取 得累積最少之隊伍為優勝隊伍
- c. 加有同分, 則以該隊最後完成賽事之隊員 的名次作準, 較高為勝

報名手續

網上報名: www.hkdrc-race.com 或郵寄報名

郵寄報名清單

- □ 填妥報名表及簽名
- (個人組1張,隊際4張) 本地劃線支票,(抬頭為「香港長跑會」 填寫正確銀碼及日子並於背頁寫上姓名 乃 聯络雷託)
- □ 信封、郵票並貼上本會之地址

一般處理時間

收到報名表後需要5-7個工作天處理。 參賽者將會收到確認電郵。

建議參賽者於遞交報名表後7天自行到 www.hkdrc-race.com / review 查閱其報名狀況

前往起點的大會巴士

大會將於4個地點免費提供巴士給予參賽者,非參 賽者(即親友)則需收取每位30元港幣。

- - 1.中環大會堂(祈大巴泊車位置) 2.天后港鐵站A2出口(電器道)
- 九龍,早上6時30分
 - 1.九龍塘森麻實道 2.尖沙咀青年會(漢口道)

前往起點之公共交涌工具

乘搭行走由中環至淺水灣的6或61號巴士,或任何 途經黃泥涌峽道的巴士,於黃泥涌峽道的中化油站 下車。步上梯級後向左行即抵起點。

領取號碼包安排:

領取號碼包

凡於2017年3月19日前收到確認電郵者, 必需於2017年3月25日-4月7日期間到<極地長征 > (地址:上環永樂街144號22樓全層)領取號碼包, 否則將於比賽日額外收取50元行政費用。

成績公佈

頒獎禮將於即日完賽後立即進行,敬請所有得獎者 留步等候領獎。所有獎項不得代領,如雲後補獎項 者,本會將收取每獎項港幣150元手績費,而領取 地點及時間將另函通知。總成績將於完賽後一星期 內上載本會網頁www.hkdrc.org。

成績證書:

(非必須) 20港元

、 所有在時限內完成賽事的參賽者,需於2017年5月 6日至14日到極地長征領取精美證書,隊際只限一 張,如有需要,請自行複印。提示電郵將於賽後發

男子 - Thomas Kirprotich 52:11 (2009年) 女子 - 歌頓由子 60:09 (1982年)

注音重項

- 1. 每人只可參加一個組別 (個人或隊際)。
- 2. 下載版及影印本報名表同樣接受。
- 資料不全/不清晰/沒有簽署的報名表將不獲處 理,並不會寄回表格/ 支票。
- 參賽者只需郵寄或網上報名,重覆報名將被取 消資格,已交費用一概不退還。
- 5. 只接受本地劃線支票並以港元付款。不接納期 票及設勿郵寄現金。
- 6. 參賽者需確保貼上充足郵費,以免郵遞延誤。 本會恕不負責任何郵件延誤或寄失。
- 7. 所有報名均不能狠款、換人及更改
- 8. 如個人組別少於10人或隊際組別只有2/3隊 參 賽,只會頒發前3名(個人)/第1名(隊際)獎項。
- 9. 如個人組別少於5人或隊際組別少於2隊參賽 ,該組別將會自動取消,參賽者或會被安排至 其他組別參賽,以2017年3月1日為止。
- 10. 香港長跑會並未有為參賽者購買任何保險,建 議參賽者預先自行購買。
- 11. 香港長跑會保留權利拒絕任何申請或取消參賽 資格,包括但不限於提供虛假資,未繳全費 使用非大會或他人的號碼布作賽,代跑或沒有 跑畢全程而衝過終點等不當行為等
- 12. 香港長跑會保留詮釋及更改以上資料的最終權

• 參賽者須知包括安全指引可於確認頁下載

電郵: enquiry@hkdrc.org 網頁: www.hkdrc.org 網上報名: www.hkdrc-race.com



COVED

AMOUR:

(T) 金熊 ANGEL Sept Proting Company Landsol ◆ ZITISON LTD. 撒隆適.



HKDRC x SEAM 41st 香港長跑會 ENTRY FORM Mount Butler (Heritage) 仍是我喜爱的豪事 09.04.2017 Sunday 15K Race 2017

第41屆畢拿山(古蹟)15公里賽

Please complete the form clearly in BLOCK CAPITALS. 為方便電腦處理,除中文姓名外,請用英文正楷大寫清楚填寫。

PERSONAL INFORMATION (MUST BE FILLED IN)²

	四人貝科	(北) 没多	(元)
Family/ Last Name * 英文姓氏	<u> </u>		
Given/ First Name * 英文名字	<u> </u>		
Name in Chinese * 中文姓名	<u> </u>		○ M* ○ F* g
Date of Birth * 出生日期	D M 月	Y — ф	/ Nationality * E 國籍
HKID / Passport No. * 香港身分證/護照編號			Tel* 電話
Please provide your E-mail for us to contact you * 請提供你/妳的電郵給我們聯絡			
	Membership No. 會員編號		
CA	TEGORIES (CHOC 組別 (只選-	OSE ONI ·項)	E ONLY)
Men 男子	○ Junior 青年約 ○ Open 公開約 ○ Senior 1 高級1 ○ Senior 2 高級2 ○ Veteran 1 元老1 ○ Veteran 2 元老2 ○ Team of four 4人限	且 組 組 組 組	1998-2002 <2002 1973-1982 1963-1972 1953-1962 <1952 <2002
Women 女子	○ Open 公開組 ○ Senior 高級組 ○ Veteran 元老組 ○ Team of four 4人隊	且	<2002 1978-1987 <1977 <2002
Mixed 男女子混合	O Team of four 4人隊	際組	<2002
	TEAM DE ^T 隊際組貨	TAILS 【料	
Name Company / Organization 機構/組織/學校名稱	/ School	Company/ 機構/組織/	Organization/School Stamp 學校蓋印
Team Name and Name of Lead 隊名及隊長名	er		
Team Member's Names 隊員姓	名		
1. 2	2		
3.			
PLEASE FILL IN ONE FORM PE	D ONE TEAMANATE		

請每隊員各道寫一份參賽表格





FOR OFFICE USE 大會專用

Low Carbon Go Green OFFICIAL BUSES TO THE START 前往起點的大會巴士 (FREE FOR ENTRANTS. LIMITED SEATS, FIRST-RESERVE-FIRST-SERVED.) 賽員免費乘搭巴士, 座位有限, 先到先得。

Hong Kong, 6:45am
City Hall, Central
Exit A2 of Tin Hau MTR Station
Tin Hau MTR Station

Name in English * 茁文姓名 Name in Chinese 中文姓名

香港,早上6時45分 中環大會堂 天后港鐵A2 出口

Kowloon, 6:30am 九龍,早上6時30分 OSomerset Rd, Kowloon Tong 九龍塘森麻實道 YMCA, Hankow Rd, 尖沙咀漢口道港青

			ORMATIC 詳情	N			
Entry Fee* 報名費* ☑	Category 組別	16 Ma 於201	n or before rch 2017 7年3月16日或 記 (以郵戳為準)	於201	fter rch 2017 7年3月16日後	Total 總額	
	HKDRC Members 香港長跑會會員 Membership No. 會員號碼		HK\$210				
	Non - HKDRC Members 非香港長跑會會員		HK\$230		HK\$280		
	Ages 65 & over 65歲或以上		HK\$180				
	Team 隊際		HK\$920		HK\$1,120		
	Race Certificate 成績證書						
	於2017年5月6-14日到極地長征領取 Collect at RacingThePlanet betwee	n 6-14	May 2017		HK\$ 20		
	Extra seat for FRIEND to the race w 额外乘坐大會巴士直達比賽場地 (每位		er Person)		HK\$ 30	HK\$	港元
Bank			Check No.				

DECLARATION (MUST BE SIGNED) 聲明 (必須簽署)*

EMERGENCY CONTACT 緊急事故聯絡人

I confirm that I am physically fit and capable of participating in the Race and I am entering the Race at my risk and responsibility. I hereby agree to abide by all rules and conditions laid down by the Hong Kong Distance Runners Club ("HKDRC"). I discharge the HKDRC, the sponsors and any other individuals or organizations connected directly or indirectly with the Race from any responsibility in the event of an accident or mishap which may cause me injury, death or loss of property during, as a consequence of or while traveling to or from the Race. I grant permis-sion and assign all rights, title and interest to the HKDRC, and all media throughout the world to use my appearance, name, voice, biodata and likeness in connection with the Race in perpetuity and agree to waive any right of inspection or approval associated therewith

謹證明本人體格健全及有能力參與本賽事,並願意自行承擔所有責任。本人亦同意遵守由香港長 跑會(「大會」)所訂之一切比賽規則及決定。本人一旦因在往返比賽場地或在比賽中受到任何 財物損失、受傷或導致死亡,大會、各贊助商及其他直接及間接有關合辦人士或機構均無需負上 任何責任。本人批准並授權大會及全球傳媒在無需經本人審查,而可永久使用本人的肖像、姓名

· 耳脉及侧入具件 / IF / / / / / / / / / / / / / / / / /	
Signature	Date
簽署	日期
	.

HKDRC X SEAM - 41st Mount Butler (Heritage) 15K Race "Still The Race I Love"2017 香港長跑會第41屆畢拿山古蹟十五公里跑

> "仍是我喜愛的賽事" HKDRC GPO Box 10368, Hong Kong 香港長跑會 - 香港郵政信箱 10368 號

HKDRC MEMBERSHIP APPLICATION FORM 2017 2017年度香港長跑會會員申請表 1.1.2017 - 31.12.2017

Nationality

Contact Telephone

國籍

聯絡電話

Gender

For Official Only

Race Number

性別

	lease complete the form clearly in BLOCK CAPITALS 3方便電腦處理,請用英文正階清楚填寫
() New Membership Application 新會員申請
() Renewal Membership Application 續會會員申請
	(Membership No. 會員編號)





PERSONAL INFORMATION 個人資料

Name in English (Family name first)

英文姓名 (先寫姓氏) Name in Chinese 中文姓名 HKID/Passport No

香港身份証/護照編號

Rirth Date

出生日期

Address 地址				
Email 電郵				
MEMBERSHIP CATEGORIES 1 (Based on age on 31 December 2016 以201 Category 類別 Age 年齢 () Junior Member 青少年 19 & Under () Senior Member 成年 20 & Over () Life Member 永久 All Ages 日 * Optional 可選擇	6年12月31日年 歲或以下 歲或以下	Meml \$90 + \$150	pership Fee 會張 · \$30* (Club Sou + \$30* (Club S	度 Juvenir 會紀念品) Jouvenir 會紀念品) Souvenir 會紀念品)
Bank 銀行	Check No. _ 支票號碼 _			
Signature 簽名	Date 日期 ———			
OTHER HKDRC SOUVENIRS ORD	ER FORM	香港	長跑會其他絲	己念品訂購表
SOUVENIR 紀念品	UNIT PRICE 單價 (\$)	(\$)	QUANTITY 數量	AMOUNT (\$) 金額 (\$)
HKDRC T-shirt 香港長跑會歷屆大會衫(隨機)	\$ 30			
Coffee Mug 咖啡杯	\$ 10			
Medal 歷屆完賽者獎牌(隨機)	\$ 20			
Recycle Bag 歷屆環保袋	\$ 10			
Cheque No. 支票號碼	TOTAL PAY 總金額 (\$)	MENT	(\$)	

Orders submit with entry application can be collected on the race day. All souvenirs can also be purchased at the venue on the race day. 訂購項目數量可連同報名表提交並於賽事當天會場領取。各項紀念品可於會場購買。

FINISHER SOUVENIRS 完賽者物品







完賽者獎牌



Race Number Belt 號碼腰帶

Gift Bag 禮物袋

冰凍毛巾







Tri-go環保水樽

Massage Oil 按摩油

驅蚊貼

Salonsip Pain Relief Ratch

撒隆適止痛貼



濕水手巾

The Rough Country Lite Hand Towel





Household Water Filter (Gift Edition) 家居濾水器 (禮品裝)

各優惠券

* HKDRC reserves right for the final items for distribution 香港長跑會保留最終派發的紀念品權利

ADDITIONAL SOUVENIRS 額外贈送幸運草



幸運草





Mimosa pudica

含羞草





Lavandula

薰衣草







幸運草

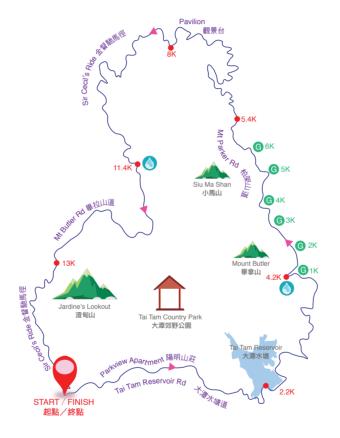
Sunflower Four leaves clover 太陽草

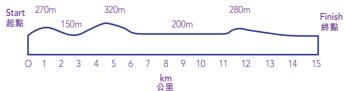
COURSE MAP 路線圖

畢拿山越野長跑賽經歷40年與香港的古蹟同步成長,是目前香港最有歷史價值和 受歡迎的長跑賽。畢拿山越野賽賽道獨特,風景秀麗,空氣清新,可飽覽維港景 色。賽道路線橫越3個郊野公園(南區,東區及側魚涌)集上落斜路,山徑,石級, 泥路極富挑戰性。此外沿賽道滿佈古蹟(建築物)當中包括大潭水塘,水壩,水掣 房,石橋,石砌輸水管,紀念碑,金督馳馬徑(*),石礦場,隱閉石窟,柏架山上 的戰爭遺蹟,碉堡,彈藥庫,防空洞及爐灶等。

(*) 金督馳馬徑接通側魚涌至中區半山,是抗日戰爭時期英軍和香港義勇軍為保衛 港島的重要戰略據點。目前是香港長跑會的畢拿山越野長跑賽賽道,此外亦被香 港長跑會用作長跑訓練基地。

畢拿山越野長跑賽除吸引本地運動員參加外,更有大量外籍運動員和遊客參加。





		3	79021			100	1 4 4 L	25084	70000		Chairles	Q and Q
Category % 個別A	,	Position 公	Trophy M M	Casn / Coupon 現金 / 現金 (\$US / 美金)	Sports Sports (基本)	SEAM Backpack 当包	SEAIM Trousers 層力準	SEAIWI SEAIWI Trousers Bottle Carrier 展力谱 + Scarf	REARINI Running Tee 專業跑衫		Classic Gel 普施健止痛凝劑	
		2 3	Da							(田極地長征賀助)		45万疆攻摩
Overall Men 男子全場				\$100*			>		>	>		
Overall Women 女子全場	ne			\$100*			>		>	>		
		1	>	\$50	>						^	^
		2	>	\$40	>			>			>	>
Men/Women	Individual	е	>	\$30	>				>		>	>
男子/女子	個人	4	>	\$20					>		>	>
		2	>	\$20						>	>	>
		#01-9	Medal@							>	>	>
		1	>	\$200	>							^
Men/Women/Mixed 電子/ セ子/ 源合	Team of Four 因人發露	2	>	\$160			>					>
	I	3	^	\$120					^	>		^
Eldest 最年長參賽者	ж				>	>				>		^

^ If 5 or less teams / 10 or less participants joining the category, only the Champion will be awarded; If only 1 team/1 people, the category will be cancelled and may combine with other category without

如只有5隊或以上/10人或以下參與某組別,只頒發該組賽事之冠軍獎項: 如只有1隊/1人參與某組別,該組別將會被取消或被安排於其他組別而不作另行通知

- # Only Open Group will be awarded 只頒發公開組別
- * Sponsored by RTP 由極地長征贊助

TABLE 項